WE ALL MUST DO IT TO GET THROUGH IT
STAY SAFE   SAVE LIVES

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Guidance for Students

Everyone has a role to play in keeping our College safe and in helping to stop the spread of COVID-19.

You should book a COVID-19 test if you have:

Don't come into College if you have COVID-19 symptoms.

Visit **nidirect.gov.uk/coronavirus** to book a test online. Call 119 if you cannot book a test online.

A high temperature
OR
A new continuous cough
OR
A loss or change to your sense of smell or taste

This means you feel hot to the touch on your chest or back (you do not need to measure your temperature).

This means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual).

This means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

If you do not have symptoms of COVID-19 but have other cold-like symptoms, such as a runny nose, you do not need to be tested and you or members of your household do not need to self-isolate. You can attend College if fit to do so.

You have COVID-19 symptoms

What should you do?

- Do not come into College
- Let your course tutor know straight away
- Book a COVID-19 test
- Household self-isolates
- Inform College immediately about test result.

When can I return?

You can return to College if the test is negative providing you are well enough, have not had a fever for 48 hours and if you haven't been advised to self-isolate by the PHA Contact Tracing Service.

You test positive for COVID-19

What should you do?

- Do not come into College
- Inform course tutor immediately about test result
- Self-isolate for at least 10 days as advised by PHA.

When can I return?

You can return to College after 10 days even if you still have a cough / loss of smell or taste. These symptoms can last for a few weeks.

Somebody in your household has COVID-19 symptoms

What should you do?

- Do not come into College
- Let your course tutor know straight away
- The household member should book a COVID-19 test
- Household self-isolates
- Inform course tutor immediately about test result.

When can I return?

You can return to College if the symptomatic household member's test is negative providing you are well enough, have not had a fever for 48 hours and if you haven't been advised to self-isolate by the PHA Contact Tracing Service.

Somebody in your household tests positive for COVID-19

What should you do?

- Do not come into College
- Inform course tutor immediately about test result.

When can I return?

You can return to College when you have completed 14 days of self-isolation without any symptoms.

Contact tracing has identified me as a close contact

What should I do?

- Do not come into College
- Let your course tutor know straight away
- Self-isolate for at least 14 days as advised by the PHA Contact Tracing Service.

When can I return?

You can return to College when you have completed 14 days of self-isolation without any symptoms*.

I have been in contact with someone who has been identified as a close contact

What should I do?

- Come into College as normal
- If you do not have any COVID-19 symptoms, you should carry on with normal activities.

I have travelled abroad and have to self-isolate

What should I do?

- Do not come into College
- Let your course tutor know straight away
- Self-isolate for 14 days in line with quarantine advice.

When can I return?

You can return to College when you have completed 14 days of self-isolation without any symptoms*.

*If you have been identified as a close contact of a case of COVID-19, or have returned from travel abroad and are self-isolating, you must self-isolate for 14 days even if you have had a negative COVID-19 test result.